



January 24, 2025

Dear parents and guardians,

We are pleased to share that we are welcoming Timbernook, a loose parts nature play residency, to Varsity Acres School in February. Timbernook facilitators will be here on February 3, 4, 5, 6, 11, 12, 2025. Your child's teacher will communicate with you via Google Classroom about the day that your child's class will attend their session. Each class will attend once.

If it is too cold on the day your child's class is participating, the Timbernook team will return on a different day to make up the day for those classes. Timbernook's threshold for cold weather is minus 15 degree Celsius because students will be outdoors for 50-60 minutes and we want to ensure students enjoy themselves while outdoors.

Please see the Timbernook letter directly from Devon Karchut, Timbernook physiotherapist and owner of Nature Play Ltd for more details. In her letter, she outlines what students need for their day, and the list is here as well:

- Warm, well-fitting winter boots (no fashion boots please!)
- Non-cotton socks if possible (Hot Chilly's from Costco are a great and affordable option!)
- Snowpants
- Warm winter jacket
- Mitts (NOT gloves!)
- Buff or balaclava
- Toque

The cost per student is \$5.60. This is a non-refundable fee. This fee will be applied to your MyCBE account. If your child is absent on the day of their session, every effort will be made to have your child participate with another class on a different day.

We look forward to some meaningful outdoor learning through nature play! If you have any questions, please contact your child's teacher or Mme Brooke.

Sincerely,

Brooke Reilly
Principal, Varsity Acres School
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